

Personal Mastery



Personal Mastery is an intensive, hands-on, highly experiential 2-day workshop on determining your own learning agenda in order to achieve successes you aspire to. While it draws on the underlying principles of learning theory from a systems thinking perspective, the focus is on improving your own learning strategy and on how professionals learn to adapt and change in the light of a rapidly changing world.

Learning approach

The workshop will use the full spectrum of learning modalities to aid mutual support through self-discovery, group work, mini case studies, role-plays and simulations.

What to bring?

You will be required to come with a desire to maintain the peak fitness of your organisations which are situated in civil society space.

Outcomes:

After completion of the workshop you will be able to:

- Understand the underlying learning processes which influences our mind-sets
- Locate your own and others' learning characteristics
- Understand and apply a variety of learning facilitation skills
- Develop your own learning pathway to ensure positive and creative learning outcomes
- Apply learning as a strategy to promote effective leadership
- Craft innovative solutions using joint problem solving approaches

Who will benefit?

This workshop has broad relevance across all sectors. If you wish to improve your ability to construct learning based interventions relevant to your personal or work life, this workshop will be of benefit to you.



Day 1

Learning histories and hang-ups
The four phases of learning
Mental Models
Single, double and triple loop learning
Learning cultures

Day 2

Managing the learning self
Learning and identity
Learning and the narratives in which we participate
Learning and agency

PRICE
R2699



Course Leader:

Dr Stan Hardman has a B A and M Ed degree from the University of Natal, a DBA from UKZN as well as a Post Graduate Certificate from the Programme for Industry, University of Cambridge. He is a consultant, researcher and facilitator who specialises in systems thinking with a particular interest in using this field to improve on problematic situations. He has participated in many conferences both nationally and internationally, leading working groups and speaking. He has a special interest in cross-sector partnerships, corporate social investment, and the promotion of civil society.

Stan is a partner in the Leadership Dialogue

Bookings: admin@leadershipdialogue.co.za **View other offerings –** www.leadershipdialogue.co.za

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